

Where are you on the path?

Exploring- Maybe you are curious about the church, visiting for the first time, or reconnecting with your faith.

Exploring Jesus and Beginning a Relationship with Christ- You've begun to attend worship regularly. You do not yet participate in the life of the church beyond worship attendance. You may be a Christian or may have never committed your life to Christ.

Growing as a Disciple of Christ - You have recently committed or re-committed your life to Christ. Now is the time to learn what a life in Christ is all about! You sense that this is the beginning of a new life, and want to learn and grow.

Maturing as a Disciple of Christ—You have been walking with Christ for awhile. You know the basics of the faith, have daily time with God, and try to follow Christ every day. You are connected to other believers through a small group and serve in a ministry. You share your faith beyond the walls of the church.

On the Journey as a Christ Follower -You are on your way. You joyfully serve God and others. You are an influencer through the fruit of the Spirit and through your spiritual gifts. You may have a special call by God to a deeper level of service in teaching, missions, or stewardship.

Where is God calling you next?



Fall Discipleship 2020



HOPE RIDGE
United Methodist Church

ADULT SMALL GROUPS

“Not a Fan”: Small group discussions to follow the Sermon Series

- **Sunday 9:30-10:15am:** Sunday Morning Fellowship/Multigenerational. In person gathering (outside as long as weather permits, in Music Room with mask/social distancing thereafter). Facilitated by Yvonne Oyler (Starting September 6).
- **Sunday 9:30-10:15am:** Youth 7-12th grade. In person gathering in the Youth Room with masks and social distancing. Facilitated by Mark Seyfried (Starting September 6).
- **Sunday 6-7:30pm:** 20/30 Young Adults - Virtual meetings on Zoom facilitated by Jon Wilterdink. (Starting 9/13)
- **Wednesday 7-8:30pm:** Jeannie’s Life Group -- Virtual meetings on Zoom facilitated by Jeannie Nelson (Starting September 2, discussion week PRIOR to sermon)
- **Wednesday evening (7:00-8:00pm):** Pastor’s Life Group -- In-person meetings at the church pavillion, until weather changes, by Pastor Beth (Starting September 9, discussion week AFTER sermon)

ON GOING GROUPS

Women’s Group: Tuesday 1-2:30pm - Virtual meetings on Zoom facilitated by Sue Nahumck.

Current topic “Armor of God”, a study of Ephesians 6 by Priscilla Shirer.

Next study will be Beth Moore’s “David: Having a Heart Like His”

Mom’s Parenting Group: 1st and 3rd Thursday, 9-10:30am -- facilitated by Melissa Hopper. Next study will be “Grace Based Parenting”. Watch for additional details.

Men’s Study Group: Monday 7pm -- facilitated by Bob DeGraff currently on hiatus. Watch for details re. future studies.

Book Club: Monday, September 28 at 6:30pm. “The Only Woman in the Room” by Marie Benedict. Meeting in person in HRUMC parking lot or under pavilion if weather inclimate. To keep Social Distancing protocols - must RSVP by Friday, September 25 to Sue Nahumck by text, email or phone call to home. Bring your own chair, wear a mask, and bring your own food or drink.

SERVING AND WITNESS

Jesus was first a servant, so as disciples we consistently use our spiritual gifts to serve and witness to others within and beyond the walls of the church building

Take some time to answer:

- *How is your soul in each of these areas and how do you hope to grow in the coming year?
- *What is your next step to challenge you and help you grow on your discipleship journey?

Be A Disciple

FINANCIAL PEACE UNIVERSITY (FPU)

At Hope Ridge we talk a lot about being a disciple, but what does a disciple look like?

Well, that's really hard to describe. God has given each of us different abilities, different personalities, and different spiritual gifts.

Here are some basic responsibilities that all disciples strive to live out in their lives.

WORSHIP

Regular attendance in weekly worship connects us to God and one another. Disciples attend

worship weekly unless they are sick or out of town.

NURTURE OTHERS

Disciples seek regular involvement in a small group to be nurtured, grow, and be accountable to others. This may be a group and in other cases may be a prayer partner or spiritual mentor.

NURTURED BY THE HOLY SPIRIT

Disciples have spiritual disciplines in their own lives that connect them to God. This can include many forms of devotion, prayer, Bible reading, meditation, or silence.

GENEROSITY

Striving to live generously is a part of the recognition that God has given us love, grace, gifts, abilities, and so much more; all that originated from God. Disciples see that tithing is a Biblical standard to strive for, but giving in some form is an essential part of discipleship.

Classes have been redesigned for totally online learning!
Go to www.daveramsey.com Search for Ramsey+ membership
In person classes/support groups at HRUMC may be resumed in the future.

NEW

Sacred Rhythms by Ruth Hailey Barton - A 6 month self-study beginning mid-September, facilitated by Harry Fishleigh. Study will focus on one of the rhythms each month. Once per month Virtual Class to review the video. Weekly check in by email/chats. Will be offered as a Cooperative Ministry to other Lake Co UMC churches.

“Faith Over Fear: Strengthening Spirit, Mind and Body in Trying Times.” Beginning Tuesday, September 15 the initial meeting is in-person at the pavilion, all other ‘meetings’ will be self-paced by weekly email and electronic dialog on email with thoughts and reflective questions. Facilitated by Laura Moll.

Many sessions will come from the series “Unafraid” by Adam Hamilton, we will explore :

- Understanding the nature of fear
- Examining fear in the time of Covid
- Exploring our societal fears: how fear of others affects our wellbeing
- Overcoming our fears of failure
- Facing our emotional vulnerabilities with hope
- Facing our physical vulnerabilities with faith

Laura will also intersperse the study with other topics based on the groups' needs. Scriptural passages will guide many discussions; thoughts from writers of inspiration such as Dietrich Bonhoeffer and Maya Angelou will be included. Simple yoga practices from *Yogadevotion, a relevant book choice suggested by Pastor Beth*, will offer both spiritual and physical balance and centeredness.

CHILDREN/YOUTH CLASSES

We know this Fall is filled with many decisions/challenges to get children back into their new school routines. We will take the month of September as a 'sabbath' and kick off our children's Discipleship programming in October.

Our goal is to set up a schedule that every family can easily follow throughout the month. Until we can safely return to in person worship/classes, our teachers will be conducting Virtual class once a month on a Zoom call, with additional materials to use as 'self-study' throughout the month.

Week 1: Family Sunday with Drive Thru Communion and Pick-Up of Kid's Kits (Sunday @ noon-1pm.)

Week 2: Zoom Check in call with each of the leaders, this time would include prayer, get to know you of the kids, scripture story/video for the month, and age appropriate activity.

- K-2nd Grade: Kathy Root (Sunday @ 9:30-10:00am)
- 3rd-4th Grade (Bible Explorers): Jon Wilterdink (Sunday @ 4-5pm)
- 5th-6th Grade (Bible Adventurers): Dana Gisser (Sunday @ 3-4pm)
- 7th-8th Grade (Bible Masters): Yvonne Oyler and Rich Fellenstein (Sunday @ noon-1pm)

Week 3: Self-paced activity (possibly a family activity for the week or outreach or mission; video of worship song; pre-recorded video of the teachers, etc.)

Week 4: Family review of the month (Go back over the story, ask age appropriate family questions, etc.)

YOUTH GROUP

Will be meeting in person at the church following social distancing protocols. Temperature checks will be taken at the door and parents will be asked to drop kids off at the door, we will not have any snacks. Facilitated by Mark Seyfried, Dana Gisser, Pastor Beth

1. Jr. High Youth Group- in person will be the 1st and 3rd Sunday of the month, 5:00-6:00pm, beginning September 20
2. Sr. High Youth Group- in person will be the 2nd and 4th Sunday of the month, 5:30-7:00pm, beginning September 13

COOPERATIVE MINISTRY

Mentor UMC will host the following classes/groups

- **The Color of Compromise:** *a beginner's group for folks who have questions and want to gain insight into the movement for racial justice. Virtual Meetings on Zoom: Thursday evenings, from 7-8:30pm, start Thursday, September 10th for 12 weeks (taking Thanksgiving off), To be a part of this group, you need to email Pastor Quincy Wheeler at qwheeler@mentorumc.org by Tuesday, September 8th. Option to purchase book, "The Color of Compromise" study by Jemar Tisby.*
- **Multiethnic Conversations:** *for those who are already moved by the cause of racial injustice and are ready to take action towards resolving. Virtual Meetings on Zoom, twice a month on Tuesday evenings (specific time TBA) beginning in mid-September (exact date TBA). Participants will need to purchase the book, "Multiethnic Conversations" by DeYmaz and Okuwobi. Please email Pastor Quincy at qwheeler@mentorumc.org by Tuesday, September 8th to join this group.*
- **Grief Share:** will be taking a break this fall, but if you are interested in a group for January, contact Pastor Beth to be notified